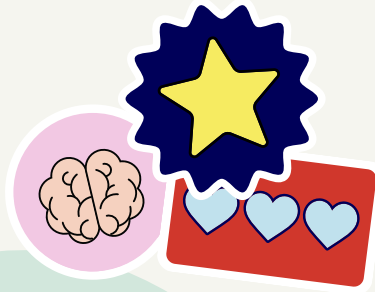


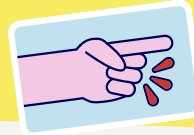
ALLKND



ALLKND is a preventative mental health and emotional intelligence charity. We're Australia's leading (and favourite) provider of digital, subsidised mental health first aid education and in-school literacy workshops for youth.

We're on a mission to impact 1 million and 1 of you and reduce youth mental illness-related fatalities one brave human at a time.

Built with you, your mate, your sibling in mind, our Avenger-like team of psychologists and social science experts have fused evidence-based research (the nerdy stuff) with relatable conversation (memes) in the 'KND Lab, to arm you with the knowledge and skills required for peer-to-peer mental health support, crisis or not.



GET TO KNOW US

1. WHO IS YOUR TARGET DEMO?

Year 10, 11 & 12's

2. BETTER TOGETHER OR SOLO?

Together.

3. WHICH DO YOU PREFER DELIVERING?

- a) Amazon parcels/ pizza
- b) Both C and D
- c) Digital mental health first aid training
- d) In-person SEL/literacy workshops

4. WHAT ARE YOU REALLY GOOD AT?

Research & Facilitation

5. EMPOWERING SELF THROUGH...?

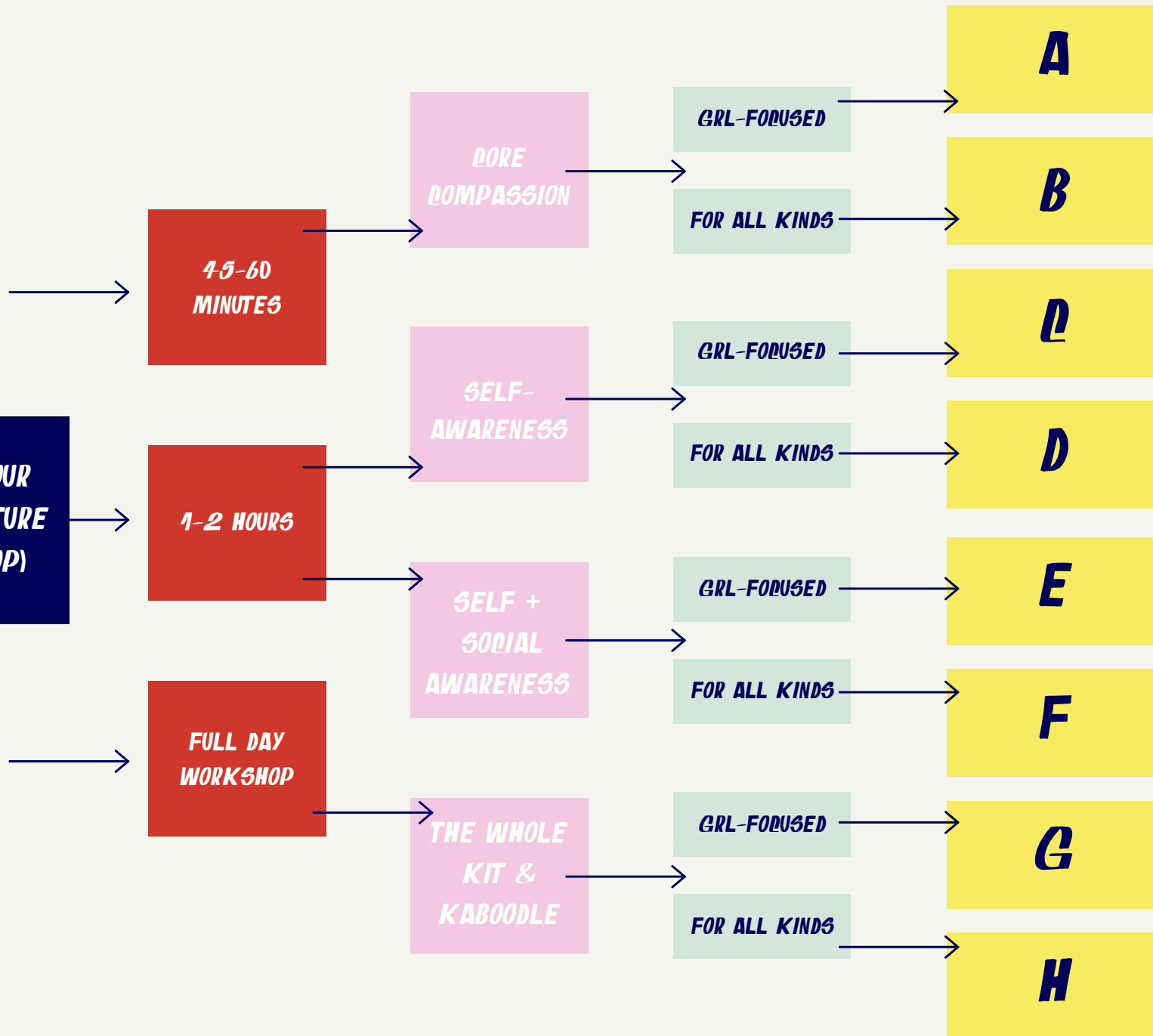
- a) Netflix/ book recommendations
- b) Therapy dogs
- c) Community (+ all of the above)
- d) Mental health literacy

6. FAVOURITE PART OF THE JOB?

Connecting with youth.



@WEAREALLKND
WWW.ALLKND.ORG
HELLO@ALLKND.ORG



A**THE GRLKND
CORE COMPASSION
WORKSHOP**

(for female-identifying youth), focuses on the core pillars of our work in social emotional learning and preventative mental health - compassion, self-belief and mental health literacy for self + peer support.

This workshop runs for 45-60 minutes and requires a minimum of 10 students at an investment of \$35 per student. This includes GRLKND merchandise such as notepads/ stickers. All travel costs are included in this investment.

B**THE ALLKND
CORE COMPASSION
WORKSHOP**

(for youth -all genders), focuses on the core pillars of our work in social emotional learning and preventative mental health - compassion, self-belief and mental health literacy for self + peer support.

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C**THE GRLKND SELF-
AWARENESS
WORKSHOP**

(for female-identifying youth), focuses on core + wider pillars of our work in social emotional learning and preventative mental health - personal values/strengths, compassion, self-belief and mental health literacy for self + peer support.

This workshop runs for 1-2 hours and requires a minimum of 15 students at an investment of \$45 per student. This includes GRLKND merchandise such as notepads/ stickers. All travel costs are included in this investment.

D**THE ALLKND SELF-
AWARENESS
WORKSHOP**

(for youth -all genders), focuses on core + wider pillars of our work in social emotional learning and preventative mental health - personal values/strengths, compassion, self-belief and mental health literacy for self + peer support.

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E**THE GRLKND SELF +
SOCIAL AWARENESS
WORKSHOP**

(for female-identifying youth), focuses on our extensive work in social emotional learning and preventative mental health - personal values/strengths, compassion, digital self-care, setting boundaries, self-belief and mental health literacy for self + peer support.

This workshop is a full day of programming (includes breaks) and requires a minimum of 15 (max of 40) students at a flat-rate investment of \$2,000. This includes GRLKND merchandise such as notepads/ stickers. All travel costs are included in this investment.

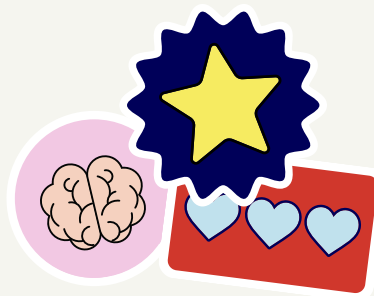
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G



H

THE GRLKND FULL-DAY WORKSHOP

...(for female-identifying youth), focuses on our extensive work in social-emotional learning and preventative mental health - personal values/strengths, compassion, digital self-care, understanding boundaries, self-belief and mental health literacy for self + peer support.

This workshop is a full day of programming (includes breaks) and requires a minimum of 15 (maximum of 40) students at a flat-rate investment of \$2,000 per day. This includes GRLKND merchandise such as notepads/ stickers. All travel costs are included in this investment.

THE ALLKND FULL-DAY WORKSHOP

...(for youth -all genders), focuses on our extensive work in social-emotional learning and preventative mental health - personal values/strengths, compassion, digital self-care, understanding boundaries, self-belief and mental health literacy for self + peer support.

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BOOK NOW: LEARN@ALLKND.ORG